A COMPARATIVE STUDY OF VISUAL OUTCOME AND COMPLICATIONS OF IN-THE-BAG INTRAOCULAR LENS AND IN-THE-SULCUS INTRAOCULAR LENS

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ABSTRACT

BACKGROUND

The aim of this study is to compare the effect of site of implantation of posterior chamber intra-ocular lens (PC IOL), i.e., in-the-bag IOL and in-the-sulcus IOL on the basis of visual outcome and complications.

MATERIALS AND METHODS

This was a prospective comparative study of 100 patients who underwent SICS with IOL implantation. Patients were randomised by chit box method and divided into 2 groups according to placement of IOL, i.e., Group A (IOL In-the-bag) and Group B (IOL In-the-sulcus). Post-operative examination of the patients was done on 1st day, 7th day, 1st month, 3rd month and 6th months with regard to Visual acuity, Anterior segment evaluation on slit lamp and Posterior segment examination.

RESULTS

In both groups, majority of patients were in the age group of 50-60 years. The male female ratio was 54:46 in both groups. Preoperatively, in Group A, 76% patients had vision 6/24-6/60. Whereas, in Group B, 56% patients had vision 6/24-6/60. In Group A, at 6 months followup, 76% patients had best corrected visual acuity (BCVA) 6/6. No patients had flare, 20% had pigments and 96% had no corneal oedema. In Group B, at 6 months followup, 56% patients had BCVA 6/6. None of the patients had flare, 36% had pigments and 98% had no corneal oedema. However, 2% patients had moderate corneal oedema.

CONCLUSION

The current study shows that a higher number of patients achieved a BCVA of 6/6 with in-the-bag IOL. The incidence of postoperative complications is more with in-the-sulcus IOL implantation as compared to in-the-bag IOL.

KEYWORDS

Small Incision Cataract Surgery, In-the-bag, In-the-sulcus.

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BACKGROUND

Charles Kelman introduced the world to small incision cataract surgery.¹

The first innovative idea to advance the safety of phacoemulsification was to develop a new technique of capsulotomy. The technique of continuous curvilinear capsulorhexis (CCC) allows placement of IOL in the natural anatomical position.² This technique produces a strong capsular rim that resists tearing even when stretched during lens material removal or lens implantation.

Early results of posterior chamber intraocular lens (PC IOL) implantation in the ciliary sulcus appeared better in comparison to iris supported and anterior chamber (AC) lenses. However, the long-term followup complications began to appear mainly because of contact between the posterior surface of the iris and the ciliary body, e.g., corneal

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However, in beginner's hand during surgical complications like positive vitreous pressure or posterior capsule rent (PCR), IOL can be easily implanted in-the-sulcus.

Aims and Objectives

To compare the post-operative visual outcome and complications after SICS surgery between the two groups-

- A) IOL in-the-bag.
- B) IOL in-the-sulcus.

MATERIALS AND METHODS

This study was conducted at Department of Ophthalmology, Mahatma Gandhi Medical College and Hospital, Jaipur. It is an observational comparative prospective study on 100 eyes of 100 patients aged 50 years or above with senile cataract who underwent manual small incision cataract surgery (SICS) with Intra-ocular lens (IOL) implantation.

Inclusion Criteria were patients undergoing manual SICS with a PC IOL implantation, age group between 50 to 70 years and patients with senile cataract up to Grade 3 nuclear sclerosis.

Exclusion criteria were hard brown cataract, cataracts other than senile cataract, patients with intraoperative and

post-operative complications, systemic diseases and corneal pathology.

Patients were randomly divided in to 2 groups by chit box method (simple randomisation) according to placement of IOL, ie, Group A: IOL In-the-bag and Group B: IOL In-thesulcus. Post-operative examination of the patients was done on 1st day, 7th day, 1st month, 3rd month and 6th months with regard to Visual acuity, Anterior segment evaluation on slit lamp and Posterior segment examination.

Statistical analysis was performed using SPSS software (version 23.0). Difference between the two groups were evaluated using chi-squared test.

RESULTS

In both groups, majority of patients were in the age group of 50-60 years. The male female ratio was 54:46 in both groups.

Pre-operatively, in Group A, 76% patients had vision 6/24-6/60; whereas, in Group B, 56% patients had vision 6/24-6/60 (Table 1). In Group A, at 6 months followup, 76% patients had best corrected visual acuity (BCVA) 6/6 (Table 2). No patients had flare (Table 3), 20% had pigments (Table 4) and 96% had no corneal oedema (Table 5). In Group B, at 6 months followup, 56% patients had BCVA 6/6 (Table 2). None of the patients had flare (Table 3), 36% had pigments (Table 4) and 98% had no corneal oedema (Table 5). However, 2% patients had moderate corneal oedema (Table 5).

At 6 months followup, for vision 6/6 chi-square value was 1.471 and p value is 0.0348 (Significant).

	Group A		Group B		Total		Chi Square	D Value
	Number	%	Number	%	Number	%	Value	P-value
6/9	2	4	2	4	4	4		
6/12	3	6	4	8	7	7		
6/18	1	2	3	6	4	4		
6/24	11	22	4	8	15	15	0.7059	0.4008
6/36	14	28	6	12	20	20		
6/60	13	26	18	36	31	31		
< 6/60	6	12	13	26	19	19		
Total	50	100	50	100	100	100		
Table 1. Distribution of the Cases According to Pre-operative BCVA								

	Group A		Group B		Total		Chi Square	D Value
	Number	%	Number	%	Number	%	Value	r-value
6/6	38	76	28	56	66	66	1.471	0.0348
6/9	8	16	14	28	22	22	0.231	0.1475
6/12	1	2	5	10	6	6	0.085	0.0921
6/18	1	2	1	2	2	2		
6/24	1	2	1	2	2	2		
6/36	0	0	0	0	0	0	1.0000	1.0000
6/60	1	2	1	2	2	2		
< 6/60	0	0	0	0	0	0		
Total	50	100	50	100	100	100		
Table 2. Distribution of Cases According to BCVA on Post-Operative Month 6								

POD 1 POD 7 **POM 1 POM 3** POM 6 Group A 44 48 50 50 0 41 2 5 0 0 +1 4 4 2 0 0 0 +2 +3 0 0 0 0 0 +4 0 0 0 0 0 **Group B** 0 21 44 48 50 50 21 2 0 0 +1 5 +2 4 1 0 0 0 0 0 +3 4 0 0 +4 0 0 0 0 0 p- Value 0.0000 1.0000 1.0000 1.0000 1.0000 Table 3. Distribution of Cases According to Post-Operative Pigments

POD = Post-operative day.

POM = Post-operative Month.

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Group A	POD 1	POD 7	POM 1	POM 3	POM 6	
Present	26	27	21	15	10	
Absent	24	23	29	35	40	
Group B						
Present	40	18	18	18	18	
Absent	10	32	32	32	32	
p-Value	0.0031	0.0704	0.5385	0.5235	0.0748	
Table 4. Distribution of Cases According to Post-Operative Pigments						

POD = Post-operative day.

POM= Post-operative month.

Group A	POD 1	POD 7	POM 1	POM 3	POM 6	
Nil	40	44	48	48	48	
Mild	6	4	1	1	1	
Moderate	3	2	1	1	1	
Severe	1	0	0	0	0	
Group B						
Nil	23	30	37	46	49	
Mild	19	16	13	3	0	
Moderate	5	4	0	1	1	
Severe	3	0	0	0	0	
p-Value	0.0004	0.0014	0.0021	0.3997	0.5577	
Table 5. Distribution of Cases According to Post-Operative Corneal Oedema						

POD = Post-operative Day.

POM = Post-operative Month.

DISCUSSION

Ciliary sulcus is the space between the posterior surface of the base of the iris and the anterior surface of the ciliary body.⁴ Both the ciliary sulcus and the capsular bag are possible sites for implantation of a lens implant following a cataract surgery.

Post-operative transient corneal oedema depends on various factors such as previous corneal pathology, age, underlying systemic disease, and surgical trauma.^{5,6,7}

Pigment dispersion syndrome (PDS) occurs when iris pigmentary epithelium pigment deposits pass through the aqueous humour and are dispersed throughout the anterior segment.

Pigment dispersion syndrome secondary to intraocular lens (IOL) implantation in-the-sulcus can be a potential problem.⁸ Rubbing between the IOL optic and iris seems to contribute to the high flare counts in eyes with a sulcus-tosulcus IOL fixation.⁹

Our study is comparable with Jayashree et al $(2012)^3$ who found that 78% patients had BCVA of 6/6 and overall BCVA of more than 6/9 was seen in 90% of patients with in-the-sulcus IOL. They also found that 18% patients had pigment dispersion with in-the-bag IOL and 32% patients had pigment dispersion with in-the-sulcus IOL.³

D J Apple et al (1985)¹⁰ compared indications, advantages and disadvantages of ciliary sulcus and capsular fixation of PC IOL. They suggested that whenever possible the loops off the PC IOL should be implanted within the bag. The position of the lens optic and the loops in the natural anatomical position isolated from the highly vascular uveal tissue and the blood aqueous barrier. They also found that this might minimise the potential of complications that were associated with the irisciliary body contact. All the above-mentioned factors influence the final postoperative VA and the account for the associated complications of in-the-sulcus IOL.

CONCLUSION

The current study shows that a higher number of patients achieved a BCVA of 6/6 with in-the-bag IOL. The incidence of post-operative complications is more with in-the-sulcus IOL implantation as compared to in-the-bag IOL.

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