ROLE OF TRIPLE PHASE MDCT IN THE CHARACTERISATION OF LIVER LESIONS

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ABSTRACT

BACKGROUND

MDCT is a very useful investigative technique for all liver pathologies. The conspicuity of a liver lesion on CT depends on the attenuation difference between the lesion and the normal liver. The difference in blood supply results in different enhancement patterns between various liver tumours in the various phases of contrast enhancement. Intravenous contrast is needed to increase the conspicuity of lesions. Multidetector computed tomography with plain, arterial, portal venous and delayed phase is very useful in identifying and characterising various liver lesions depending on their vascular nature. In our study, we evaluated the role of Multidetector computed tomography in the characterisation of liver lesions in patients presenting to our hospital.

MATERIALS AND METHODS

The present study was conducted on 40 patients with known or suspected liver lesions between September 2015 to September 2016 in the Department of Radiodiagnosis, in coordination with the Department of General Surgery, SRM Medical College Hospital and Research Centre, Kancheepuram, Tamilnadu. Triple phase multidetector CT was done for all patients with focal liver lesions and the results are correlated with histopathology. The percentage of accuracy in diagnosis of liver lesions by MDCT was calculated from the number of correctly and wrongly diagnosed cases.

RESULTS

The age distribution of the patients was relatively wide, ranging from 35-75 years. The commonest symptom in the cases was pain in the abdomen (42%), followed by abdominal distension (25%), jaundice (17%), vomiting (8%), and fever (8%). 80% of the cases showed multiple liver lesions and 20% cases showed single lesion. The accuracy of MDCT in characterisation of liver lesions was found to be 97.5 percentage.

CONCLUSION

MDCT with its triple phase protocol is a very good imaging modality for the characterisation of the liver lesions with a diagnostic accuracy of 97.5% as also observed in this study.

KEYWORDS

Liver, MDCT, Triple Phase, Haemangioma, Metastasis.

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BACKGROUND

The liver, due to its major function of detoxification and its rich blood supply by hepatic artery and portal vein becomes prone to various diseases. The primary objective in imaging the liver is to distinguish benign from metastatic and primary malignant lesion.¹ The practice for liver imaging has undergone a significant change over the past two decades. Many different techniques are available for imaging the liver. They include the long established X-rays, the second generation tools of arteriography, radionuclide scanning. Since the 1970s, the primary radiological evaluation of the liver using nuclear scintigraphy and angiography has given way to computed tomography (CT), ultrasonography, and magnetic resonance imaging (MRI).²⁻⁷

Financial or Other, Competing Interest: None. Submission 25-01-2017, Peer Review 10-03-2017, Acceptance 16-03-2017, Published 23-03-2017. Corresponding Author: Bharathi Selvam Sengodan, Senior Resident, SRM Medical College Hospital and Research Centre, Kancheepuram, Tamilnadu-603203. E-mail: bharathiselvan.s@gmail.com DOI: 10.14260/jemds/2017/438 Angiography is now more applicable (as digital subtraction angiography or DSA) to interventional techniques and therapy.

Multidetector CT (MDCT) is very useful investigative technique for all liver pathologies. The conspicuity of a liver lesion on CT depends on the attenuation difference between the lesion and the normal liver. On a non-enhanced CT-scan (NCCT), liver tumours usually are not visible, because the inherent contrast between tumour tissue and the surrounding liver parenchyma is too low. Only a minority of tumours that contain calcifications, cystic components, fat or haemorrhage and will be detected. 80% of normal liver parenchyma is supplied by the portal vein and 20% by the hepatic artery. The difference in blood supply results in different enhancement patterns between various liver tumours in the various phases of contrast enhancement.² Intravenous contrast is needed to increase the conspicuity of lesions. The development of Multidetector row CT technology has helped CT to continue to excel in its already established indication i.e., hepatic lesion detection and characterisation and to add new clinical indication i.e., CT angiography for preprocedure mapping and liver perfusion. With MDCT there is faster scanning and in liver imaging, faster scanning decreases respiration artefacts and improves multiphase

imaging. Dynamic CT with arterial and portal venous phase imaging is now considered to be the primary way of approach for the diagnosis of liver lesions. Multidetector computed tomography with plain, arterial, portal venous and delayed phase is very useful in identifying and characterising various liver lesions depending on their vascular nature. In our study, we evaluated the role of Multidetector computed tomography in the characterisation of liver lesions in patients presenting to our hospital.

MATERIALS AND METHODS

The present study was conducted on 40 patients presenting to the Department of Radiodiagnosis and Department of General Surgery, SRM Medical College Hospital and Research Centre, Kancheepuram, Tamilnadu for evaluation of known or suspected liver lesions from September 2015 to September 2016. All basic examinations were performed and written informed consent was taken prior to any intervention. The aim of the study was to study the enhancement pattern and characterisation of various liver lesions in multidetector computed tomography. This was a descriptive study and the patients presenting to the OPD of the Department of Surgery and Department of Radiodiagnosis with known and suspected liver lesions was selected for the study. The patients with previous known allergy to medications, reduced renal function with elevated blood creatinine levels and history of intervention in the form of previous surgery to the liver lesion were excluded from the study. The exact plan of the study was individualised for each case. When performing the study the patient was made to lie on the scan table and imaged using a GE Optima 128-slice CT with non-contrast and contrast enhanced study using oral and intravenous contrast agents and MDCT triphasic scans with plain study, arterial phase, venous phase and delayed phase scans were taken in all the patients with breath hold. NCCT was taken from the lower thoracic level downwards up to the pelvic region covering the entire abdomen. The NCCT scans were followed by contrast enhanced multiphase imaging. All patients were administered 1 mL/kg of intravenous contrast material at an injection rate of 4-6 mL/sec. The phases were obtained using SmartPrep technique. From this data, the plain and contrast enhanced axial scans, multiplanar (coronal, sagittal, oblique & curved), MIP (Maximum intensity projection) and MinIP (minimum intensity projection) were viewed. Based on the clinical symptoms and imaging features all the 40 cases were given a specific radiological diagnosis. The patients were followed up and final diagnosis was confirmed by histopathological analysis with FNAC/biopsy. By comparing the imaging diagnosis with corresponding histopathological final diagnosis, the diagnostic accuracy of the MDCT on the liver lesion was ascertained.

RESULTS

The present study was conducted on 40 patients in the Department of Radiodiagnosis, in coordination with the Department of General Surgery. The age distribution of the patients was relatively wide, ranging from 35-75 years [Table-1]. The maximum number of cases were seen among the 51-60 years group (32%). The maximum age of the patients included in the study was 75 years and the minimum age included was 35 years. Of the 40 patients included in the study, 21 patients were male (52%) and 19 patients were

female (48%). The commonest symptom in the cases was pain in the abdomen (42%), followed by abdominal distension (25%), jaundice (17%), vomiting (8%), and fever (8%).

Age	Number of Cases	Percentage %		
21-30	0	0%		
31-40	6	15%		
41-50	10	25%		
51-60	13	32%		
61-70	10	25%		
71-80	1	3%		
81-90	0	0%		
Table 1. Age Distribution of Cases				

Imaging Features in MDCT

The following imaging features were observed in the plain, arterial phase, portal venous phase and delayed phase among all the 40 cases included in the study.

Number of Lesions- Single Versus Multiple

80% of the cases showed multiple liver lesions and 20% cases showed single lesion.

Location of the Lesions

Lesions were noted in both the lobes in 47.5% cases while 42.5% cases were seen in the right lobe and 10% cases were seen in the left lobe [Table-2].

Location	No. of Cases	Percentage	
Right lobe	17	42.5%	
Left lobe	4	10%	
Both	9	47.5%	
Table 2. Location of the Lesions in the Liver			

Diagnosis based on imaging Findings in MDCT

Of the 40 cases observed in the study, 7 cases which showed hypodensity in plain study also showed peripheral discontinuous enhancement in the arterial phase study and enhancement in portal venous phase with complete central enhancement in the delayed phase were diagnosed as haemangioma. In seven patients, the liver lesions showed hypodensity in the plain study, prominent enhancement in the arterial phase, reduced enhancement in the portal venous phase and appearing hypodense with the rest of the normal liver parenchyma in the delayed phase were diagnosed as HCC. Of the 7 cases diagnosed as HCC chronic liver disease was seen in 5 cases. 4 cases showed thrombosis of portal vein, 3 cases showed prominently enhancing intra-tumoural vessels, one case showed enhancing well-defined capsule in portal venous phase. 14 cases showed ill-defined mass lesions in liver along the gallbladder bed region with nonvisualisation of gallbladder-liver interface. The lesions showed hypodensity in the plain study and showed peripheral enhancement in the arterial and the portal venous phases with no enhancement noted in the delayed phase. Among them 8 cases showed ill-defined mass in the gallbladder fossa region with partial non-visualisation of the gallbladder, 5 cases showed wall thickening involving the adjacent gallbladder and one case showed intraluminal mass in the gallbladder. These 14 cases were diagnosed as

infiltrating carcinoma of gallbladder. One of the case which showed hypodense lesion in the right lobe of liver on plain study showed no enhancement in arterial and portal venous phase but lesion was enhanced in delayed phase. This case also showed dilatation of the intrahepatic biliary radicles and was diagnosed as mass forming intrahepatic cholangiocarcinoma.

Multiple lesions that were hypodense and isodense in the plain study was observed in 10 cases, among them diffuse enhancement in the arterial phase was observed in 3 cases, and peripheral enhancement in portal venous phase seen in the rest of 7 cases. Among them three cases which showed enhancement in the arterial phase, two cases also showed mass lesions in the kidneys and one case showed a hypodense lesion in the head of the pancreas which was showing strong enhancement in the arterial phase. These cases were diagnosed as liver metastasis with primary mass in the kidneys and as hypervascular tumour in the pancreas. Among the 7 cases which showed peripheral enhancement in the portal venous phase, 2 cases had irregular wall thickening in the rectum and one case had ulcerated lesion in the fundus region of the stomach, hence these cases were diagnosed as carcinoma of rectum and of stomach with hepatic metastasis. Three cases showed abnormality in chest X-ray with mass in lungs and one case each had mass lesions in the right breast, hence these cases were also diagnosed as hepatic metastasis. One case showed a hypodense lesion in the right lobe of liver and showed peripheral enhancement in the arterial and the portal venous phase, the patient also had a mass lesion in the thyroid, hence the lesion was diagnosed as liver metastasis.

Histopathological Analysis

Apart from the seven cases which were diagnosed as haemangioma, 33 cases were advised tissue diagnosis and subjected to FNAC/biopsy and were followed up. Of the 7 cases diagnosed as HCC by MDCT, 6 cases were confirmed as HCC, while one case of metastatic adenocarcinoma was wrongly diagnosed as HCC. The fourteen cases which were diagnosed as infiltrating carcinoma of gallbladder and one case of cholangiocarcinoma was also confirmed with same diagnosis. All the cases reported as metastasis were confirmed as liver metastasis.

Analysis of the Percentage of Accuracy

The percentage of accuracy in diagnosis of liver lesions by MDCT was calculated from the number of correctly and wrongly diagnosed cases. The accuracy of MDCT in characterisation of liver lesions was found to be 97.5 percentage [Table-3].

Cases	No. of Cases	Percentage			
Correctly diagnosed	39	97.5%			
Incorrect diagnosis	1	2.5%			
Table 3. Percentage of Accuracy in					
Diagnosis of Liver Lesions by MDCT					

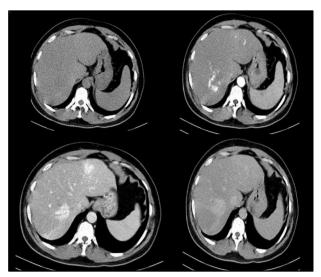


Figure 1. A Case of hemangioma, showing hypodensity in plain scan with peripheral discontinuous enhancement in arterial phase with puddling and attenuation equal to aorta in all sequences with filling in delayed phase.

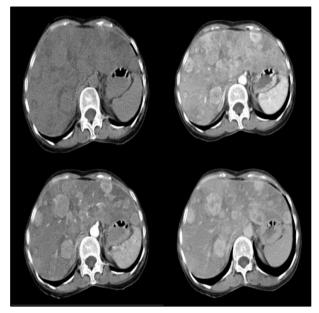


Figure 2. A case of hypervascular liver metastasis. Multiple iso /hypodense lesions in the liver showing strong enhancement predominantly in the arterial phase

DISCUSSION

The age of patients varied from 35 years to 75 years with the maximum number of cases in the age group of 51-60 years (32%) and 52% (n=21) were male and 48% (n=19) were female. The commonest symptom in the cases was pain in the abdomen (42%), followed by abdominal distension (25%), jaundice (17%), vomiting (8%), and fever (8%).

In this study, 7 cases were benign and 33 cases were malignant. All the benign lesions were haemangioma and were correctly diagnosed on MDCT. Out of 33 malignant lesions, 32 were correctly diagnosed with Triple phase CT and one case was wrongly diagnosed.

The role of triple phase imaging in the detection and diagnosis of various hepatic masses is described below.

Haemangioma

Haemangioma is the most common benign liver lesion observed in our study. According to Semelka et al,⁸ they are usually asymptomatic. Typical haemangiomas are easily diagnosed by Ultrasonography; however, difficulties arise when they are associated with cystic areas or calcifications and when they are multiple in numbers. In such instances, CT becomes imperative.

Haemangioma (Figure 1) was seen among 7 cases in our study. All the cases were female (100%) and evaluated for symptoms not related to the haemangioma as was described by Semelka et al.⁸ The commonest age group noted was of 40-49 years (n=5). 57 % of cases showed single lesions and lesions were multiple in 43% cases. The lesions were noted in the right lobe of liver in 4 cases, in the both lobes in 3 cases. In all the instances, the margins of the lesions were well defined with the adjacent normal liver parenchyma.

The lesions were hypodense in 71% of the cases observed in our study (n=5) and isodense in 29% cases (n=2) in plain study and they showed early discontinuous peripheral enhancement in arterial phase with progressive centripetal filling in the delayed phase in all the cases as described by Hanafusa et al ⁹ and Yashimata et al ¹⁰ in their studies. The peripheral enhancement of the lesions was equal to the attenuation of aorta in all the phases studied. These imaging findings are consistent with the CT imaging features of hepatic haemangioma as described by Scartarige et al. ¹¹

Quinn et al in their study could diagnose 94% of the cases as haemangioma by using the CT feature of attenuation of lesion in all the phases of study which was equal to that of aorta. In our study, we had the similar findings in all the cases of haemangioma diagnosed.¹² No other additional features like lymph node enlargement or ascites was present. Three cases which had multiple lesions were suspected as metastasis on ultrasonography, but they were confirmed as haemangioma based on the imaging characteristics in MDCT study.

Hence MDCT was able to correctly diagnose all the cases of haemangioma based on MDCT characteristics and none of the cases required any further investigation to confirm the diagnosis or any active management.

Hepatocellular Carcinoma

Of the 33 cases, 7 cases were diagnosed as HCC, of which 6 cases were confirmed as HCC by biopsy and one case was wrongly diagnosed as HCC which was confirmed as metastatic adenocarcinoma of unknown primary. They were suspected based on clinical features and elevated AFP levels. The most common clinical symptom at presentation was pain in abdomen (52%). According to Matsui et al, cirrhosis was present in up to 90% of cases with HCC¹³; however, in our study cirrhosis was noted only in 83.3 % cases.

All the lesions were hypodense on NCCT study and on CECT showed enhancement in arterial phase; however, in the portal venous phase no enhancement was seen suggestive of wash out of contrast in the portal venous phase. Two cases also showed central necrosis. Enhancement of a thin peripheral capsule in portal venous phase leading to capsular delineation was seen in one case. According to Baron et al ¹⁴ on plain study, most of HCC present as low attenuating lesions, which on arterial phase being hypervascular tumour shows intense enhancement throughout the tumour and the capsule is seen as a hypodense rim. In portal venous phase, there is rapid washout and the lesion becomes iso to hypodense compared to normal liver parenchyma. On delayed phase images, the capsule and fibrous septa may show prolonged enhancement. According to the study by Honda et al, hepatocellular carcinoma was hypervascular in 60% of the cases but in our study hypervascularity in arterial phase was noted in all the cases.¹⁵ Baron and Oliver et al had described that the tumour thrombus is one of the characteristic features of HCC whether in the portal vein or its branches, and the obstruction or invasion of portal vein or hepatic vein is seen in 30-40% of cases. In our study, we had diagnosed portal vein thrombosis in 66% of cases. MDCT with its arterial and portal venous phase study and MIP images was very advantageous in the diagnosis of HCC.

Infiltrating Gallbladder Carcinoma

Carcinoma gallbladder with infiltration of the hepatic parenchyma is one of the common liver lesions observed in the elderly. They are easily identifiable by ultrasonography; however, the vascular nature and extent are better assessed by MDCT. There were total 14 cases of Carcinoma gallbladder with hepatic infiltration in this study. The commonest morphological mode of presentation of infiltrating gallbladder carcinoma was mass lesion in the gallbladder fossa of liver in the segment IV b and V of liver seen in 57.1% cases (n=8), followed by thickening of the gallbladder wall seen in 35.8% cases (n=5) and intraluminal polypoidal growth seen in 7.1% cases (n=1).

Similar findings were observed by Lt Colonel Ra George et al in their study where the mass forming type of gallbladder carcinoma was seen in 56% cases.¹⁶

Gallbladder wall calcification and gall stones were observed in 8 cases (56%). The percentage of incidence of gall stones in our study was similar to the findings of Lt Col George et al who noted 50% incidence of gall stones in carcinoma gallbladder. Both GB wall calcification and gall stone are implicated as an aetiological factor in the pathogenesis of gallbladder carcinoma.¹⁶

Kumar et al had described that liver is the most frequently involved organ by direct contiguous spread (65% of cases) followed by the colon (15%), duodenum (15%) and pancreas (6%).¹⁷

In our study, most of the lesions were hypodense on plain study (100 %) and showed enhancement in arterial phase and portal venous phase which was predominantly peripheral in all the cases and no delayed phase enhancement was noted. The lesions were conspicuous more in the portal venous phase than in the arterial phase. Similar CT findings were described by Lt Col George et al in their studies.¹⁶

Intrahepatic Mass Forming Cholangiocarcinoma

In this study, a 65-year-old male was diagnosed with intrahepatic mass forming cholangiocarcinoma. The patient had jaundice and hyperbilirubinaemia at presentation, Vilgrain et al have described patients with intrahepatic cholangiocarcinoma presenting with similar clinical features in their study.¹⁸ The case in our study had single lesion in right lobe with well-defined margins with intrahepatic biliary radical dilatation in right lobe of liver. Gallbladder was

normal. The lesions were hypodense on plain study and showed no enhancement in arterial and portal venous phase but was enhanced in delayed phase. According to Asayamaa et al,¹⁹ cholangiocarcinomas are usually hypo- to isoattenuating relative to the normal hepatic parenchyma at plain CT. After the intravenous administration of contrast material, most cholangiocarcinomas remain hypoattenuating during the arterial and portal venous phases and show enhancement during the delayed phase, findings that reflect their hypovascular desmoplastic stromal composition.¹⁹ We also had similar MDCT findings in our case. The case in our study underwent biopsy and specimen was sent for histopathological examination which confirmed the diagnosis cholangiocarcinoma.

Metastasis

In our study, metastasis (Figure 2) were seen in 11 out of the total 40 cases (27.5%) and it was the second largest group, majority of these cases were in the age group of 61-70 years (n=4). Most of the lesions were hypodense lesions on plain study and few were isodense which was seen when they were smaller in size. 8 cases (72.7%) showed peripheral enhancement in the arterial phase and portal venous phase with no central enhancement while 3 cases (27.3 %) showed diffuse enhancement in arterial and portal venous phases. Foley et al²⁰ has described that MDCT appearance of hypervascular lesions are hyperenhancing on arterial and portal venous phase either homogeneous or inhomogeneous due to areas of necrosis or haemorrhage. The imaging appearance of these hypervascular tumours is distinct from rim enhancing hypovascular metastatic lesions from common primary sites, such as lung, breast, pancreas, colon, and the genital tract. Hypovascular metastasis are the most common type and these lesions on the arterial and portal venous phase may demonstrate a hyperenhancing rim that is different from that of hypervascular metastases which shows diffuse enhancement.21

In this study, we observed that hypervascular metastatic lesions were more conspicuous in the arterial phase and hypovascular metastatic lesions predominantly show only peripheral thin enhancement in the arterial phase and portal venous phase and no central enhancement.

CONCLUSION

MDCT with its triple phase protocol is a very good imaging modality for the characterisation of the liver lesions with a diagnostic accuracy of 97.5% as also observed in this study. The most common lesions observed in our study were hepatic infiltration by gallbladder carcinoma and liver metastasis which is more than the primary malignant tumours of liver. Haemangioma which is the most common benign liver lesion worldwide was the only benign lesion observed in this study. MDCT with its multiphase protocol is very useful in the characterisation of the liver lesions like haemangioma, HCC, Intrahepatic cholangiocarcinoma and metastatic lesions based on their enhancement characteristics which depend on the innate vascularity of the lesions. MDCT is useful in the evaluation of infiltrating gallbladder carcinoma, its extent, local invasion and staging.

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