CASE REPORT

PRIMARY OVARIAN PREGNANCY – A CASE REPORT
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ABSTRACT: Primary ovarian pregnancy is one of the rarest varieties of ectopic pregnancies. Pelvic pain, amenorrhea & vaginal bleeding are the foremost classical symptoms found in these cases. Here we report a case of ruptured primary ovarian pregnancy suspected intra operatively & later confirmed by histopathological report.

KEYWORDS: Ovary, ectopic pregnancy, Intra uterine device, speigelberg criteria.

INTRODUCTION: Primary ovarian pregnancy is rarer accounting for 0.15 to 3% of all ectopic gestations¹. The diagnosis of an ovarian ectopic pregnancy is seldom made before surgery. Ultrasound, especially transvaginal scanning (TVS) has proved to be an invaluable tool in the diagnosis of this condition². Ovarian pregnancies could be misdiagnosed as they are mostly & easily confused with a ruptured corpus luteum³.

CASE REPORT: Smt.xx, 24yrs presented with complaints of pain abdomen since 15 days to the surgery OPD. She got a scan done, later she was referred to our OPD for? tubo-ovarian mass. Detailed history was taken. The pain was more in the lower abdomen, intermittent, dull aching type. She also gave history of vomiting, 1 episode & headache following pain abdomen since 2 days. She was para 1, living 1 with abortion 2. Her last delivery was 4 years back. She gives history of cu-T 380A insertion for 2 years and removal 1 year back. Her last menstrual period was 15 days back (only spotting per vagina). Patient general condition was good. Pulse 80/min. BP 110/60 mmHg, Pallor+, Cardiovascular/respiratory systems-normal. Per abdomen examination- soft, tenderness in the right iliac fossa+, no mass palpable. Per speculum examination revealed cervix and vagina healthy. On per vaginal examination cervical movement tenderness and right adnexal tenderness was present. Mass about 4*5 cms was felt in the right fornix.

Clinical diagnosis:? ectopic pregnancy.
Urine pregnancy test was done and it was positive.
USG abdomen revealed

- Large heterogenic mass lesion in the right adnexa - ?? Tubo ovarian mass
- Mild ascites
- Seedling Fibroid

After arranging 2 pints of blood, Emergency laparotomy was done.

Per-operative findings -

- Hemoperitoneum was present.
- Both fallopian tubes & left ovary were found to be normal. Uterus was normal size.
- Fresh bleeding from the breached surface of the right ovary. Intra operative diagnosis of ? Right ruptured ovarian pregnancy was made for which right salphingo oophorectomy was done. About 200gms of clots were removed from POD & peritoneal wash was given.

HISTOPATHOLOGICAL REPORT

GROSS: External surface of ovary is irregular, nodular and grey brown. Cut section of ovary shows a small cyst measuring 0.5 cms across. Also seen in cut section are corpus luteum and grayish brown areas. MICROSCOPY: Sections show ovarian tissue with a focus showing chorionic villi, with proliferation of synctiotrophoblast surrounded by areas of hemorrhage. Corpus hemorrhagicum and follicular cyst are also seen. IMPRESSION: Features suggestive of ectopic pregnancy-right ovary.
DISCUSSION: Primary ovarian pregnancy is a rare entity, first case being reported by St. Maurice in 1682. The reported incidence is 0.15 to 3% of all ectopic gestations. It can be classified as primary & secondary. Primary when ovum is fertilized while still within the follicle, secondary when fertilization takes place in the tube & the conceptus is later regurgitated to be implanted in the ovarian stroma. They can be intrafollicular or extra follicular. Intrafollicular is invariably primary & extrafollicular may be primary or secondary, where ovarian tissue is usually absent in the gestational sac⁴. With a few exceptions, the initial diagnosis is made on the operating table & the final diagnosis only on histopathology on the basis of the four Spiegelberg criteria⁵

- The gestational sac is located in the region of the ovary
- The ectopic pregnancy is attached to the uterus by the ovarian ligament
- Ovarian tissue in the wall of the gestational sac is proved histologically
- The tube on the involved side is intact

The only risk factor associated with the development of ovarian pregnancy is the current use of intrauterine device. Raziel et al reported that 90% of ovarian pregnancies occurred intrauterine device users. Ovarian pregnancy mostly occurs in younger age⁶.

In our case report, suspicion of ruptured primary ovarian pregnancy was made as evident by the intra operative findings as both tubes were normal. This was later confirmed by histopathological examination of the specimen. There was history of IUCD (Cu-T 380A) insertion for 2 yrs. which is a risk factor for primary ovarian pregnancy as given in the literature.

CONCLUSION: Primary ovarian pregnancy has to be kept in mind when both tubes are normal at the time of surgery for ruptured tubal pregnancy. Thus high clinical suspicion, early diagnosis & prompt treatment can reduce the morbidity & mortality of the patient.

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